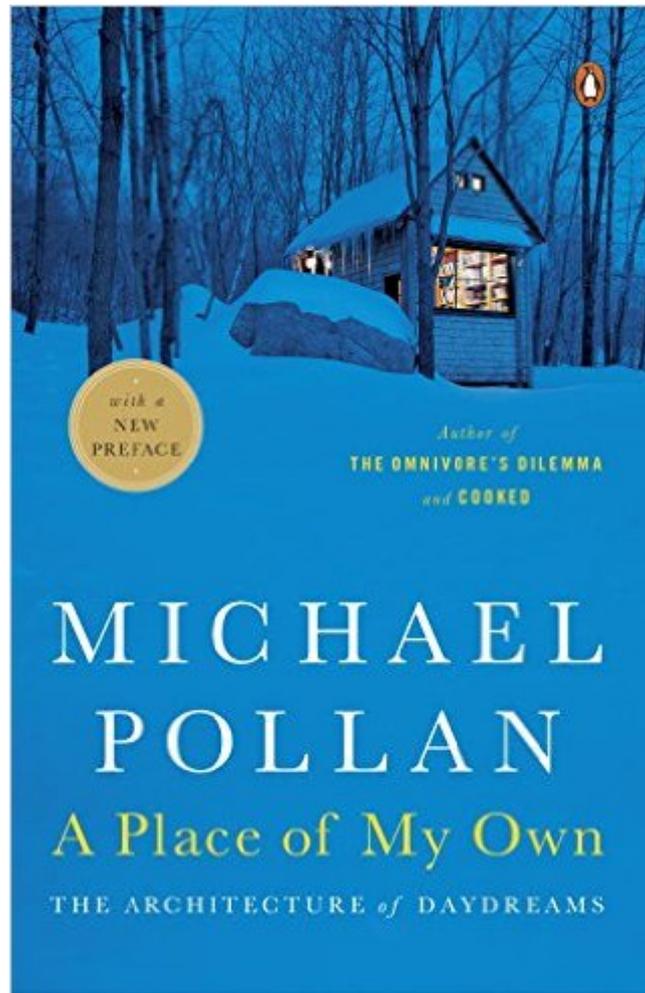


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# A Place Of My Own: The Architecture Of Daydreams



## Synopsis

Michael Pollan's unmatched ability to draw lines of connection between our everyday experiences--whether eating, gardening, or building--and the natural world has been the basis for the popular success of his many works of nonfiction, including the genre-defining bestsellers *The Omnivore's Dilemma* and *In Defense of Food*. With this updated edition of his earlier book *A Place of My Own*, readers can revisit the inspired, intelligent, and often hilarious story of Pollan's realization of a room of his own--a small, wooden hut, his "shelter for daydreams"--built with his admittedly unhandy hands. Inspired by both Thoreau and Mr. Blandings, *A Place of My Own* not only works to convey the history and meaning of all human building, it also marks the connections between our bodies, our minds, and the natural world. Coming from The Penguin Press in 2013, Michael Pollan's newest book *Cooked: A Natural History of Transformation*--the story of our most trusted food expert's culinary education.

## Book Information

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## Customer Reviews

I was astonished to see that there are \*any\* less than stellar reviews for this book, so let me speak in defense of Michael Pollan's sophomore effort: *You Must Read This Book!* For those who loved *The Omnivore's Dilemma*, this book describes the process by which the cradle of that great work was itself brought to life. As a person married to an author, and as a person who himself writes more than the average American, Pollan's process of articulating his own dreams (and fears) for his own writing house literally brought tears to my eyes, so profound his subject and so universal its

truths. It is a brilliant synthesis of abstract and concrete--the construction of a physical space \*so that\* greater mental heights can be imagined and obtained. For those who celebrate the way that Pollan has helped us restore some measure of our own humanity by helping us reconnect with what is true about food (and by learning how to avoid what is false about edible food-like substances), let only those who are truly roofless cast the first stone against this book! For the rest of us, whether we own, rent, or live more transiently in some sheltering construct, this book teaches the truly multi-dimensional ways that dwellings come to be, and how the manifold relationships that condense into built forms continue to express those relationships, even to those who are not yet born. For those who love Pollan's ways with words, this book is full of fridge-worthy sentences and page-worthy paragraphs. For those who enjoyed meeting Joel Salatin in "Part III: Grass" of the Omnivore's Dilemma, in this book we meet the prototype from the building trade, Joe Benney.

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